



PERINATAL MENTAL HEALTH TRAINING

Available for all members of the healthcare
team looking after these patients

These dates are additional to, but the same as the
sessions advertised on the H&W Training Hub's LMS

Thursday 23rd November 7:30-9pm
Monday 11th December 1-2pm

- Improve your confidence in detecting, assessing and managing perinatal mental illness.
- Connect with multidisciplinary primary care staff with a shared interest.
- Evaluate your local care pathways for PNMI and find support to plan service improvements.

This **FREE** training is funded by NHS England

Designed and led by Coventry and Warwickshire Training Hub.

**1 in 5 mums
experience perinatal
mental illness**

Less than 50% seek help

**Learn more about
detecting and
supporting PNMI**

**Meet your local PNMH
champion**

**Improve outcomes for
parents and their
children**

TO BOOK VISIT:

Midlands PNMH

<https://midlandspnmh.co.uk>